

isoforce

Multiaxial progression

Test and Target

Neuromuscular testing with isoforce generates comprehensive reports that are easy to read and interpret. With a wide variety of available test modes, many parameters such as power, endurance, work, or the level of spasticity can be evaluated. Isoforce helps to set specific and realistic rehabilitation or training goals and records progress effectively.

Treat

Restore range of motion, coordination, flexibility, strength, and endurance. The different exercise modes make the system suitable for every stage of the rehabilitation cycle. No matter what type of muscle contraction (concentric/eccentric) or exercise mode (isometric, isotonic, isokinetic, or CPM) you need, isoforce offers the possibility to implement them all.

Evaluate and Prevent

Progress can be effectively monitored during training or rehabilitation programs. Retesting during the sports season provides valuable training insights and helps reduce the risk of injuries.



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Multi-Gelenktest- & Rehabilitations-System

Verschiedene Widerstandsmodi

20 Bewegungsmuster

OPERATION MODES

Concentric isokinetic

Concentric isokinetic is the mode used in traditional isokinetic testing. This test is the most reliable and precise method for quantifying strength. Research has demonstrated a strong correlation between isokinetic concentric testing and athletic performance.

Concentric isokinetic is also a useful tool for rehabilitation. The resistance adapts to muscle weakness or muscle pain, making this mode safe for training.

Eccentric isokinetic

Eccentric isokinetic can bring functional benefits superior to those of the concentric isokinetic.

Eccentric contractions are the strongest contractions the human body can perform.

These actions produce greater loading of the elastic musculoskeletal components and are utilized in many dynamic movements.



Continuous passive motion

CPM is widely used in the first stages of rehabilitation for a wide variety of pathologies. It helps maintain flexibility, increase ROM, reduce stiffness and consequent pain, and maintain muscle tone. Apart from the traditional therapeutic applications, CPM can be used for evaluating the spasticity of neurological patients.

Isometric

Isometric contractions are active contractions used both for training and testing to minimize atrophy and assess the status of a muscle or a muscle group. They train the muscle without straining the joint. Isometric testing offers information about neuromuscular activation, as well as the status of the involved muscle.

Isotonic

Isotonic muscle testing completes isokinetic testing by providing valuable information on functional muscle characteristics, such as fatigue and power.

Comparison of muscle performance under different loads is possible through the bilateral comparative report. The system allows for setting different loads for eccentric and concentric contractions, providing a pathway for plyometric and eccentric strength development.



Features

Reliable

Self sensor calibration during power-on, real time online position, sensor and status monitoring.

Stabilization

Flexible Velcro bands: Inexpensive to replace, can be combined for all sizes. Extra anchoring points.

Technically robust

Maintenance-free locking mechanisms.

Dynamometer Motor Protection (linear design, shaft coupling).

Interchangeable electronic parts.

Position and Alignment

Stepless setting of dynamometer rotation and height, seat rotation, horizontal position, bottom seat settings, laser pointer for quick alignment.



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A white Isoforce dynamometer chair is positioned in a bright, clinical setting. The chair features a white upholstered seat and backrest, with black safety straps across the chest and thighs. It is mounted on a white base with orange-handled adjustment levers. The background shows a window with blinds and a white desk.

Tailored to your needs

Selection of frequency among 400, 1000, and 2000Hz of real samples.

Customized ranges of speeds, max. torque, ROM, and modes (code protected).

Multi-field patient database with filtering.

Easy synchronization with EMGs without any need of expensive toolkits.

Safe

Automatic release of the dynamometer in case of loss of power.

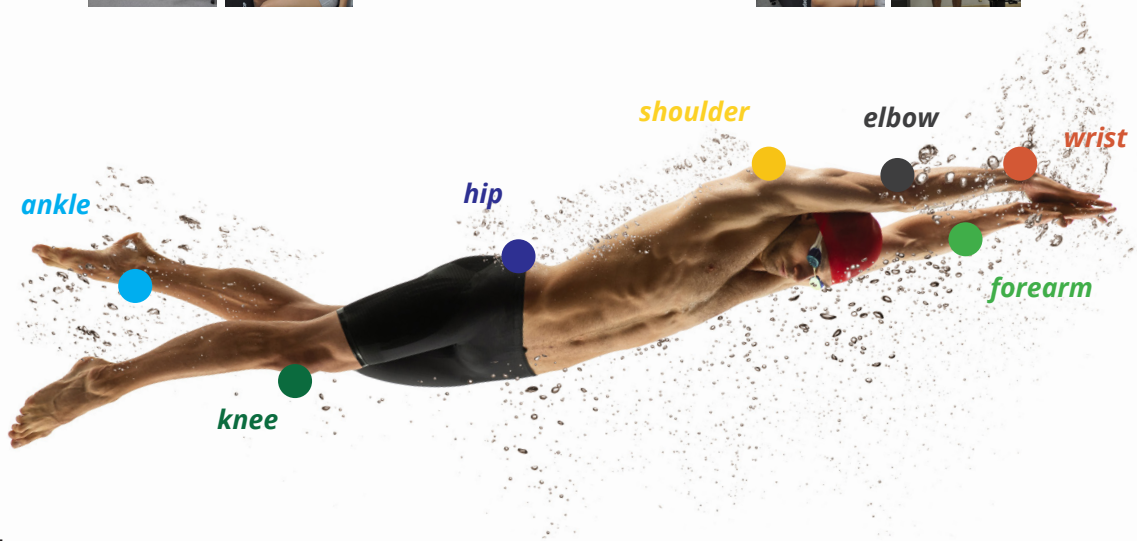
Three levels of ROM limitations, system imposed depending on the performed pattern, software-set by the user, mechanical.

Torque limits on con, ecc, and cpm leading to doubling the speed, instantly stop the motion, and return to initial position respectively. No need to restart the system after.

Inconvenience button for patient or operator to immediately power-off system.

Patterns

| | | | | | |
|-----------------------------------------|--|------------------------------------|------------------------------------------|--|------------------------------------------|
| Plantar Dorsi flexion prone | | Inversion Eversion | Internal External rotation in 90° | | Adduction Abduction horizontal |
| Internal External rotation seated | | Pantarflexion Dorsiflexion | Flexion-adduction Extension abduction | | Extension Flexion |
| Extension Flexion | | Extension Flexion | Pronation Supination | | External Internal rotation |
| Adduction Abduction | | Extension Flexion seated | Extension Flexion | | Adduction Abduction seated |
| Internal External rotation | | Knee internal External rotation | Pronation Supination | | Int. & Ext. rotation in 90° abduction |
| Internal External rotation seated | | Radial Ulnar deviation | Extension Flexion | | Int. & Ext. rotation standing |



Adapters

| | | | | | | | | |
|------|--|------------------|------|--|------|------|--|------|
| ADL5 | | ADK2 optional | ADA1 | | ADT1 | ADS1 | | ADS2 |
| ADL1 | | ADL2 | ADK1 | | ADW1 | ADS3 | | ADS4 |
| ADL3 | | ADL4 | | | | | | |

The wide variety of optional add-ons

Broadens the therapeutic and rehabilitation possibilities of isoforce

Occupational therapy adapters

Closed kinetic chain adapter for upper and lower limbs

Trunk adapter

Pulley adapter

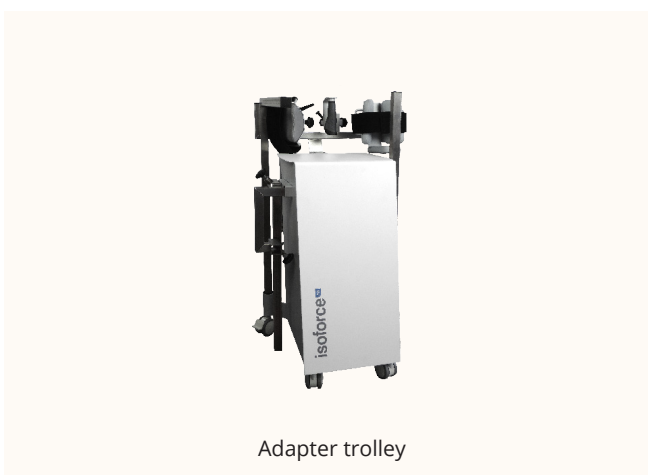
Pediatric adapters



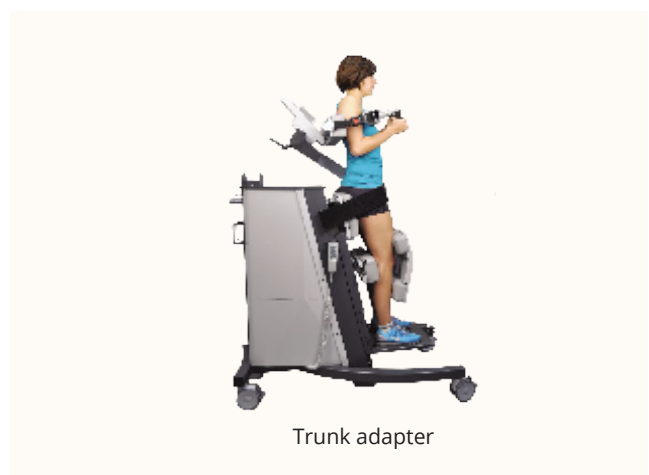
Pulley adapter



Leg press



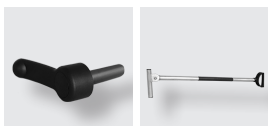
Adapter trolley



Trunk adapter

Work simulation / Occupational therapy

WSA27



WSA40

WSA23



WSA24

WSA20



WSA29



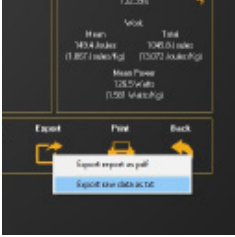
WSA22

WSA26



WSA28

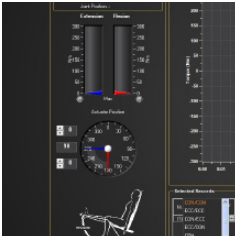
Advanced software features



Export raw data in .xls, .pdf, txt. Zoom and cursor tools for curve analysis.



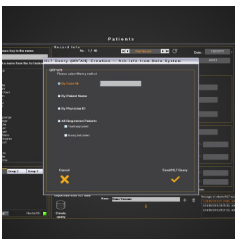
Biofeedback in real time with different exercise modes and report of the trainings results.



HL7 communication interface.



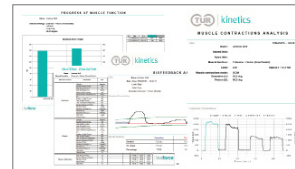
Torque limits (CON, ECC & CPM), threshold (ECC). Contraction time (ISOM). Soft stops (CON, ECC, ISOT & CPM), selection of frequency rate.



Change of resistance modes and settings with one click.



Intuitive, self-explanatory software.



5 printable report types: Analytical reports for each side under each resistance, bilateral reports, both numerical and graphical, progress reports to track improvements over time, exercise overview reports for a summary of training activities.

Reviews



The isoforce Isokinetic System has become an indispensable tool in our biomechanics lab. Its ergonomic design and great usability have greatly expedited our research on muscle performance and movement analysis. With its intuitive interface and robust capabilities, the Isoforce enables our team to gather comprehensive data with ease, giving us the possibility to make meaningful contributions to the field of biomechanics and clinical practice.

Department of Sports Health Sciences
Associate Professor



Implementing isoforce isokinetic technology in our clinic has revolutionized our approach to rehabilitation. Its precise and adjustable resistance levels allow for tailored treatment plans for each patient, promoting faster recovery and optimal outcomes.

We've witnessed remarkable improvements in strength, range of motion, and overall patient satisfaction since integrating isoforce into our practice.

Konstantinos Georgilakis
CEO - Body Health Center Berlin

Universität
Rostock



We have been using the isoforce isokinetic system in our Applied Human Movement Sciences working group since 2013 for clinical and scientific research purposes. Among other achievements, our working group recently published a scientific paper titled "Reliability of Muscle Strength and Hamstrings to Quadriceps Strength Imbalance Ratios During Concentric, Isometric, and Eccentric Maximal Voluntary Contractions Using the Isoforce Dynamometer" in the prestigious Journal of Sport Medicine. In addition, we successfully use the system for clinical applications in the context of rehabilitation. Operation of the Isoforce system is easy to learn and clearly structured.

-Prof. Dr. med. Dipl.-Ing. Rainer Bader Leiter Forschungslabor
Forschungslabor für Biomechanik & Implantattechnologie

Technical Specifications

Resistance modes

isokinetic:
 concentric / concentric
 eccentric / eccentric
 combination of eccentric & concentric
 continuous passive motion (cpm)
 cpm / concentric, cpm / eccentric
 isometric
 isotonic
 biofeedback in real time

Optional Accessories

Trunk Flexion / Extension
 Lower / Upper limb closed kinetic chain
 Work Simulation
 Pulley adapter
 Anti Shear

Technical Specifications

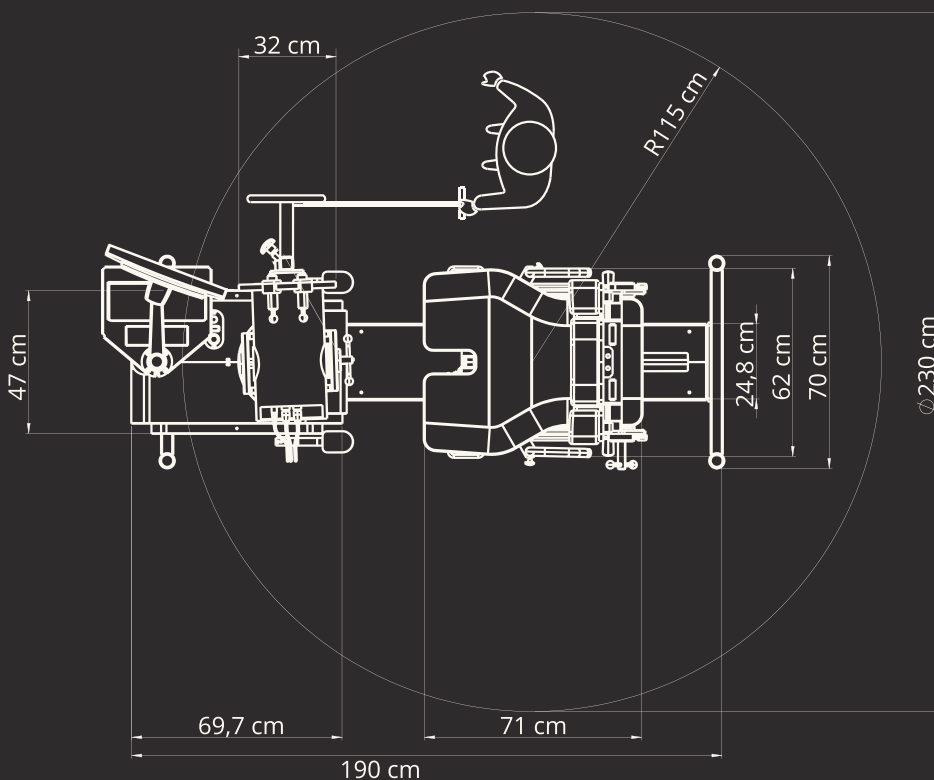
ROM: up to 360°
 Max. peak torque: 700 Nm
 Angular velocity: 0,25°/s - 540°/s
 Dynamometer type: servo motor

Functional Features

Dynamometer: electrical lifting, tilting, rotation
 Chair: electrical movements for horizontal, translation, bottom seat for / afth, back seat inclination, bottom seat tilt, rotation.

Computer

Operation System: windows 11 or later
 CPU: Intel
 Monitor: LCD19" (touch screen optional)
 UPS: optional
 Dimensions: 2000 / 700 / 1700mm (l / b / h)
 Dimensions (seat horizontal) 2600 / 700 / 800mm (l / b / h)



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